

Week Commencing		Sitting	First 12.30pm		Name & Flat Number		
			Second 1.15pm				
	Hot 1	Hot 2	Jacket Potato	Light 1	Dessert 1	Fresh Fruit Yoghurt Cheese & Biscuits Ice Cream (Please select one)	
	Please choose ONE from this section.					Please choose ONE from this section	
Monday	Lasagna with garlic bread side salad	Vegetable quiche with side salad	Cheese beans or tuna mayo	Avocado poched egg on	Eton mess	Fresh Fruit Yoghurt Cheese & Biscuits Ice Cream	
Tuesday	Breakfast lunch with egg bacon sausage Hash browns and more	Breakfast quorn lunch with egg sausage Hash brown and more	Cheese beans or tuna mayo	Brie & cranberry panini with side salad	Fruit salad	Fresh Fruit Yoghurt Cheese & Biscuits Ice Cream	
Wednesday	Alfredo Italian Tapas	Aubergine lasagne with side salad	Prawn crayfish or coronation chicken	Pasties with new potatoes side salad	Carrot cake	Fresh Fruit Yoghurt Cheese & Biscuits Ice Cream	
Thursday	Fish creazy with seasonal vegetables	Mac and cheese with garlic bread	Cheese beans or tuna mayo	Pork pie with piccalilli side salad	Chocolate chip cookie	Fresh Fruit Yoghurt Cheese & Biscuits Ice Cream	
Friday	Sausage casserole with mash potatoes seasonal vegetables	Quorn chilli with rice	Cheese or chilli and cheese	Samosas with mango dip	ice cream	Fresh Fruit Yoghurt Cheese & Biscuits Ice Cream	
Saturday	Ham egg and chips	Quorn sausage and chips	Beans or tuna mayo	Bruschetta topped with tomato and basil	Lemon meringue pie	Fresh Fruit Yoghurt Cheese & Biscuits Ice Cream	
Sunday	Roast beef with seasonal vegetables	Nut roast with seasonal vegetables	Cheese onion or prawns	Ploughmans	Roulade	Fresh Fruit Yoghurt Cheese & Biscuits Ice Cream	